



EGD (Esophagogastroduodenoscopy) with Sedation

The following instructions are your physician's specific instructions. Please follow the instructions carefully to ensure a successful prep. You can reach your physician's office at: 414-918-3556

Special Notes: If you are or may be pregnant, please discuss the risks and benefits of this procedure with your doctor. If you are diabetic, please ask your Managing Physician or Primary Care Physician for diet and medication restrictions. Please do not take any diabetic medication the morning of your appointment, but bring it with you to your procedure. Please review the medication guideline 5 days prior to procedure.

1. 5 DAYS PRIOR TO PROCEDURE

- Review medication restriction list.
- Call your Primary Care Physician or prescribing Physician for instructions if you are on anticoagulant (blood thinners) or diabetic medications.

2. 1 DAY PRIOR TO PROCEDURE

- Eat a regular diet.
- NO SOLIDS from midnight until after the procedure.
- CLEAR liquids until 4 hours prior to procedure.
- Arrange a ride home from the procedure with a responsible adult.
YOU WILL NOT BE ABLE TO DRIVE YOURSELF HOME.

3. DAY OF PROCEDURE

- NOTHING by mouth 4 hours prior to your procedure (including NO GUM OR HARD CANDY).
- You may brush your teeth and rinse but no swallowing of liquids.
- If you take daily medication you may take it with small sips of water at least 2 hours prior to leaving for procedure.
- Do NOT take your diabetic medication/insulin prior to the procedure. You will be instructed when to resume your medications after the procedure.

4. REMINDERS

- Take all other usual morning medications unless directed otherwise with a sip of water.
- Do not take any diabetic medications.
- Bring a list of all current medications including allergy or over-the-counter medications.
- If you use inhalers, please bring them to your appointment.
- Please bring a photo ID as well as up-to-date insurance information.
- Leave all other valuables at home.
- Remember you must have a pre-arranged ride.

MEDICATION RESTRICTION INFORMATION

*Please consult with your prescribing physician regarding the discontinuation of these medications.

Aspirin (ASA)	continue
NSAIDs	continue in low doses
Dipyridamole (Persantine)	*stop 2 days prior
Aggrenox	*stop 2 days prior
Clopidogrel (Plavix)	*stop 5 days prior
Prasugrel (Effient)	*stop 5 days prior
Ticlopidine (Ticlid)	*stop 10 days prior
Ticagrelor (Brilinta)	*stop 3 days prior
Cilostazol (Pletal)	*stop 2 days prior
Anticoagulants	
Warfarin (Coumadin)	*stop 5 days prior
Heparin	hospital indications
Enoxaparin (Lovenox)	*stop 1 day prior
Dalteparin (Fragmin)	*stop 1 day prior
Fondaparinux (Arixtra)	*stop 2 days prior
Rivaroxaban (Xarelto)	*stop 2 days prior
Apixaban (Eliquis)	*stop 2 days prior
Edoxaban (Savaysa)	*stop 2 days prior
Dabigatran (Pradaxa)	*stop 1 day prior
All Supplements	
Vitamin E	stop 5 days prior
Iron	stop 5 days prior
Multivitamins	stop 5 days prior
Fish Oil	stop 5 days prior